



Ephesians 4 (part 2)

This is so important
Ver 30
-we can grieve God

the theme of the chapter is unity
*it's not about one dumb word but the pattern of your life

I don't always do the best at relationships and building unity

Last Week
-humility, gentleness, patience

ver 17-24
Paul has a harsh description of unbelievers
-futility of mind
-darkened in understanding
-alienated from the life of God
-greedy for impurity
*we can easily get sucked back into that mindset

*We are to allow God's spirit to change our thinking so we think more like Jesus

*First step to unity is to have Jesus mindset not worldly mindset

Practical Actions

-We control our speech (ver 25 & 29)
-we speak truth, we speak with Godly wisdom
-not just truth but truth in a way that benefits the other

-We control our emotion (ver 26 & 27)
-it is ok to feel emotion
-How do process and deal with the emotion?
-Do you let emotion control you?
*stop and think before you
*inversely make sure you deal with the emotion and situation

-We work hard so we can give to others (ver 28)
-we were created to work
-we work to provide for ourselves but also so we can help others through what God has given us
*Is your mindset, a taker or a giver?

-We need to care for each other and be nice (ver 31-32)
-we can just be mean people some times
-some times we need to just forget about ourselves and be nice

-God cares deeply about your personal relationships and about this group
-Are you striving to build unity?

Small Group Questions

- 1) How have you progressed from last week on the attributes of humility, gentleness, and patience?
- 2) What are some practical things you can do to maintain a Jesus mindset rather than a worldly mindset?
- 3) Which of the practical actions can you start to work on this week and how?