



Mental Health

Ideal

Genesis 2:25

-Adam and Eve had a perfect relationship with each other and with God

Sin

Genesis 3:8-10

-Relationship with God broken

-Felt shame before each other

1 in 5 adults in America experience mental illness (including many in the church)

60% don't receive treatment

People who struggled with mental illness in the Bible

-Jonah

-Jeremiah 17:9

-2 Corinthians 12:7-8

Redemption

-John 9:1-2

-2 Corinthians 12:9-10

youth lesson